



# Healthy Kids, Healthy Farms!

Green Mountain Farm-to-School (GMFTS) is partnering with your school to coordinate on-going farm-to-school activities that build relationships between schools, farms, and communities.

## What does GMFTS do?

GMFTS provides fresh food for cafeterias, support for local farms, educational programs for students, and activities for building community. To do this, we:

- Coordinate local purchasing between schools and farms
- Conduct monthly local food taste tests in schools
- Coordinate school composting programs
- Lead in-class, hands-on nutrition and agriculture workshops
- Plan farm field trips and activities
- Offer school garden activities
- Host seasonal events to celebrate local foods

*GMFTS is a non-profit organization that promotes the health of Vermont's children, farms and communities by providing programs to connect schools and farms through food and education. [www.GreenMountainFarmtoSchool.org](http://www.GreenMountainFarmtoSchool.org)*



## Want to get involved? We need your help!

Please detach and return to school



**YES!** I want to volunteer for the Farm-to-School Program and help promote the health of our children, farms and community.

Name(s): \_\_\_\_\_ School: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### I am interested in supporting the Farm-to-School Program by:

- |   |   |
|---|---|
| <input type="checkbox"/> Joining the Farm-to-School Committee | <input type="checkbox"/> Helping prepare local food taste tests |
| <input type="checkbox"/> Helping harvest the school garden    | <input type="checkbox"/> Assisting on farm field trips          |
| <input type="checkbox"/> Helping with community events        | <input type="checkbox"/> Growing food for the school            |
| <input type="checkbox"/> Other: _____                         |   |

August 2017



Dear Parents,

Our school is partnering again with Green Mountain Farm-to-School (GMFTS) to provide fresh food in the cafeteria, support local farms, and provide educational programming.

From time to time your child may be photographed during any one of GMFTS' programs or events at the school. These can take place during school hours, after school, or on the weekends. On occasions your child's photograph may appear in the local newspaper, GMFTS newsletter, GMFTS Facebook page, GMFTS Twitter account, GMFTS website or other GMFTS publications.

We wish to include all students in our efforts to capture and share images of GMFTS program activities. However, we respect that some families may wish to not include their child in any publications that could be used publicly.

**Please sign and return this form to your school's administrative assistant.**



**Parent's Name** \_\_\_\_\_

**I give** permission to Green Mountain Farm-to-School to use images of my child,

\_\_\_\_\_, in its publications, promotions, and other media.

**I do not** give permission to Green Mountain Farm-to-School to use images of my child,

\_\_\_\_\_, in its publications, promotions, and other media.

**My child has the following food allergy:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Date:** \_\_\_\_\_